<table>
<thead>
<tr>
<th>Topic</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>General Physical and Mental Health</strong></td>
<td>Fair or poor self-reported health (1)</td>
</tr>
<tr>
<td></td>
<td>Frequent mental distress (13+ days in the past month) (1)</td>
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<td></td>
<td>Senior social isolation (1)</td>
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<td>History of depression (1)</td>
</tr>
<tr>
<td><strong>Weight, Exercise, Nutrition</strong></td>
<td>Obesity (2)</td>
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<tr>
<td></td>
<td>Diabetes ever (2)</td>
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<tr>
<td></td>
<td>Drank two or more sugar-sweetened sodas per day (2)</td>
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<td>Diabetes ever / Obesity (2)</td>
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<td>Walked/biked for transportation in the past month (3)</td>
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<td></td>
<td>Rode bicycle several times per month in past year (3)</td>
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<td></td>
<td>Physical activity at Healthy People 2010 levels (3)</td>
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<td></td>
<td>Obesity / Physical activity at Healthy People 2010 levels (3)</td>
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<tr>
<td><strong>Access to Health Care</strong></td>
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<td>Has a personal doctor/provider (4)</td>
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<td>Saw personal doctor/provider in past year (4)</td>
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<td>Saw any medical provider in past year (4)</td>
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<td></td>
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<td>Did not get needed medical care in past year (5)</td>
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<td>Did not get needed dental care in past year (6)</td>
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<td>Did not get needed medical care in past year / Uninsured (6)</td>
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<td><strong>Blood Pressure and Cholesterol</strong></td>
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<td><strong>Cancer Screening</strong></td>
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<td><strong>Cigarette Smoking and Alcohol</strong></td>
<td>Current smoker (9)</td>
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<td>Binge drinking (9)</td>
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<td>Binge drinking / Current smoker (9)</td>
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<tr>
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<td>HIV test recommended by a health provider in the past year (11)</td>
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<td></td>
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<tr>
<td></td>
<td>Condom use at last sex (opposite-sex partners) (11)</td>
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<td><strong>Race / Ethnicity and Poverty</strong></td>
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<td>United Hospital Fund (UHF 34) Neighborhood Index (13)</td>
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<td></td>
<td>United Hospital Fund (UHF 34) ZIP Code Area Index (14)</td>
</tr>
</tbody>
</table>
The New York City Community Health Survey (CHS) is a telephone survey conducted annually by the NYC Department of Health and Mental Hygiene, Division of Epidemiology, Bureau of Epidemiology Services. CHS provides robust data on the health of New Yorkers, including both neighborhood and citywide estimates on a broad range of chronic diseases and behavioral risk factors.

CHS is based on the National Behavioral Risk Factor Surveillance System (BRFSS), conducted by the Centers for Disease Control and Prevention. The CHS is a cross-sectional survey that samples approximately 10,000 adults ages 18 and older from all five boroughs of New York City – The Bronx, Brooklyn, Manhattan, Staten Island and Queens. A computer-assisted telephone interviewing (CATI) system is used to collect survey data, and interviews are conducted in a variety of different languages. All data collected are self-report.

CHS 2007 used a stratified random sample in order to produce citywide and neighborhood-specific estimates. Cross-sectional samples were identified in each borough, and strata were then defined using the United Hospital Fund’s (UHF) neighborhood designation. There are a total of 42 UHF neighborhoods in NYC, each defined by several adjoining zip codes. To increase statistical power, several neighborhoods were combined, resulting in a total of 34 neighborhoods. Approximately 300 interviews were conducted in each of the 34 strata, with a total sample size of 9,554, a response rate of 14% and a cooperation rate of 79%.


**Reading the maps:** Darker color gradients and larger point size represents higher percentages for a given variable, represented by quartiles. For example, in the map below, neighborhoods with darker color have a higher percentage of obesity, and those with larger circles have a higher percentage of diabetes. Areas that include unreliable estimates that should be interpreted with caution are identified with a hatching pattern, and areas where no estimate could be calculated or that are not covered by a UHF neighborhood (e.g., Central Park) are identified as gray areas. Maps include necessary notes reflecting age-adjusted percentages or other key information for selected variables. The maps are designed to allow readers to copy any given map and paste it into another document.

**Diabetes ever**
- 4.1% - 7.8%
- 7.9% - 8.6%
- 8.7% - 10.7%
- 10.8% - 16%

**Obesity**
- 7.3% - 17.9%
- 18% - 22.5%
- 22.6% - 28.6%
- 28.7% - 39.2%

*Estimate should be interpreted with caution (diabetes ever).

*Percentages are age adjusted.

Women who had diabetes only while pregnant are included in ‘no’ category.

**References**


**Suggested Citation**

**Acknowledgements**
Catherine Corey  
Donna Eisenhower  
Kevin Konty  
Yvonne Hong  
Jill Raufman  
Susan Resnick  
Lorna Thorpe  
Charles Wu
General Physical and Mental Health

Fair or poor self-reported health
- 7.7% - 17.2%
- 17.3% - 22.6%
- 22.7% - 27.2%
- 27.3% - 33.1%

*Percentages are age adjusted.

Frequent mental distress (13+ days in the past month)
- 5.6% - 9.2%
- 9.3% - 12.1%
- 12.2% - 13.8%
- 13.9% - 18.3%

*Percentages are age adjusted.

Estimate should be interpreted with caution.

Senior social isolation
- 6% - 14.2%
- 14.3% - 17%
- 17.1% - 19.2%
- 19.3% - 29.3%

*Percentages are age adjusted.

History of depression
- 7.1% - 11.9%
- 12% - 14.9%
- 15% - 19.1%
- 19.2% - 23.2%

*Percentages are age adjusted.

Results restricted to adults aged 45 and older. Risk for social isolation is determined by a modified version of the Lubben Social Network Scale.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Obesity

- 7.3% - 17.9%
- 18% - 22.5%
- 22.6% - 28.6%
- 28.7% - 39.2%

*Percentages are age adjusted.

Obesity is based on Body Mass Index (BMI), calculated from self-reported weight and height. A BMI of 30 or greater is classified as obese.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Diabetes ever

- 4.1% - 6.1%
- 6.2% - 9%
- 9.1% - 11.1%
- 11.2% - 16%

*Percentages are age adjusted.

Diabetes ever estimate should be interpreted with caution.

Women who had diabetes only while pregnant are not included in these prevalence estimates.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Drank two or more sugar-sweetened sodas per day

- 1.4% - 5.2%
- 5.3% - 8.1%
- 8.2% - 10.9%
- 11% - 17.4%

*Percentages are age adjusted.

Drank two or more sugar-sweetened sodas per day estimate should be interpreted with caution.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Diabetes ever

- 4.1% - 7.8%
- 7.9% - 8.6%
- 8.7% - 10.7%
- 10.8% - 16%

*Percentages are age adjusted.

Obesity

- 7.3% - 17.9%
- 18% - 22.5%
- 22.6% - 28.6%
- 28.7% - 39.2%

Estimate should be interpreted with caution (diabetes ever).

Women who had diabetes only while pregnant are included in 'no' category.

Obesity is based on Body Mass Index (BMI), calculated from self-reported weight and height. A BMI of 30 or greater is classified as obese.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Weight, Exercise, Nutrition

Walked/biked for transportation in the past month
- 52.7% - 62.4%
- 62.5% - 67.8%
- 67.9% - 71.9%
- 72% - 86.5%
*Percentages are age adjusted.

Rode bicycle several times per month in past year
- 3.5% - 6.9%
- 7% - 8.7%
- 8.8% - 11.5%
- 11.6% - 14.9%
*Percentages are age adjusted.

Physical activity at Healthy People 2010 levels
- 30.7% - 38.4%
- 38.5% - 42.3%
- 42.4% - 45%
- 45.1% - 52.9%
*Percentages are age adjusted.

Obesity
- 7.3% - 17.9%
- 18% - 22.5%
- 22.6% - 28.6%
- 28.7% - 39.2%

Physical activity at Healthy People 2010 levels
- 30.7% - 38.4%
- 38.5% - 42.3%
- 42.4% - 45%
- 45.1% - 52.9%
*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Estimate should be interpreted with caution.

Obesity is determined by using respondents’ Body Mass Index (BMI). BMI is calculated based on respondents’ self-reported weight and height. A BMI of 30 or greater is classified as obese.
Access to Health Care

Uninsured
- 5.1% - 13.1%
- 13.2% - 17.2%
- 17.3% - 21.3%
- 21.4% - 30.7%
Estimate should be interpreted with caution.

Has a personal doctor/provider
- 69.5% - 76.7%
- 76.8% - 81.1%
- 81.2% - 84.3%
- 84.4% - 90.5%
Estimate should be interpreted with caution.

Saw personal doctor/provider in past year
- 82.3% - 85.3%
- 85.4% - 87.9%
- 88% - 89.8%
- 89.9% - 94.7%
Estimate should be interpreted with caution.

Saw any medical provider in past year
- 78.8% - 84.2%
- 84.3% - 85.3%
- 85.4% - 88.4%
- 88.5% - 94%
Estimate should be interpreted with caution.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Access to Health Care

Has a managed care plan
- 69.2% - 77.4%
- 77.5% - 81.3%
- 81.4% - 84.2%
- 84.3% - 88.9%
Estimate should be interpreted with caution.
*Percentages are age adjusted.
Results restricted to insured adults.

Did not get needed medical care in past year
- 4.8% - 8.1%
- 8.2% - 11.4%
- 11.5% - 13.1%
- 13.2% - 21.8%
Estimate should be interpreted with caution.
*Percentages are age adjusted.

Did not get needed prescription in past year
- 4.6% - 8.4%
- 8.5% - 10.4%
- 10.5% - 12.6%
- 12.7% - 16.5%
Estimate should be interpreted with caution.
*Percentages are age adjusted.

Flu vaccination in past year
- 25.1% - 35.5%
- 35.6% - 40.3%
- 40.4% - 49.5%
- 49.6% - 55.5%
*Percentages are age adjusted.
Results restricted to adults aged 50 and older.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Did not get needed dental care in past year

- 6.4% - 9.3%
- 9.4% - 12.7%
- 12.8% - 14.8%
- 14.9% - 19%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Did not get needed medical care in past year

- 4.8% - 8.1%
- 8.2% - 11.4%
- 11.5% - 13.1%
- 13.2% - 21.8%

Uninsured

- 5.1% - 13.1%
- 13.2% - 17.2%
- 17.3% - 21.3%
- 21.4% - 30.7%

Estimate should be interpreted with caution (medical care or uninsured).

*Percentages are age adjusted.

Had a dental visit in the past year

- 52.2% - 58.3%
- 58.4% - 61.6%
- 61.7% - 67.1%
- 67.2% - 77.1%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Blood Pressure and Cholesterol

Currently on blood pressure medication

*Percentages are age adjusted.

Estimate should be interpreted with caution.

*Percentages are age adjusted.

Results restricted to adults who had ever been told they had high blood pressure.

Ever told high blood pressure by medical provider

17% - 22.5%
22.6% - 28.8%
28.9% - 32.4%
32.5% - 36.3%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Ever told high cholesterol by medical provider

22.4% - 28.1%
28.2% - 31.6%
31.7% - 36%
36.1% - 37.8%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Cholesterol screening in the past five years

71.2% - 79.4%
79.5% - 82.9%
83% - 84.4%
84.5% - 91.3%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Breast cancer screening (mammography) in past two years

- 61.9% - 71%
- 71.1% - 74.3%
- 74.4% - 77.8%
- 77.9% - 82.8%

Estimate should be interpreted with caution.

Percentages are age adjusted. Results restricted to women aged 40 and older.

Cervical cancer screening (Pap test) in past three years

- 57.5% - 76.6%
- 76.7% - 81.7%
- 81.8% - 84.7%
- 84.8% - 90.3%

Estimate should be interpreted with caution.

Percentages are age adjusted. Results restricted to women.

Colon cancer screening (colonoscopy) in past 10 years

- 47.5% - 57.6%
- 57.7% - 62.1%
- 62.2% - 68%
- 68.1% - 76.9%

Percentages are age adjusted.

Results restricted to adults aged 50 and older.

Source: NYC Community Health Survey 2007, Bureau of Epidemiology Services, NYC DOHMH
Cigarette Smoking and Alcohol

**Current smoker**

*Percentages are age adjusted.

<table>
<thead>
<tr>
<th>Percentage Range</th>
<th>Map Color</th>
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</thead>
<tbody>
<tr>
<td>11.6% - 14.6%</td>
<td>Lightest Brown</td>
</tr>
<tr>
<td>14.7% - 17.5%</td>
<td>Second Lightest Brown</td>
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<td>Intermediate Brown</td>
</tr>
<tr>
<td>20.2% - 27%</td>
<td>Dark Brown</td>
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Began smoking between ages 13 and 17

*Percentages are age adjusted.

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<tr>
<td>30% - 42.5%</td>
<td>Lightest Brown</td>
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<tr>
<td>42.6% - 49.3%</td>
<td>Second Lightest Brown</td>
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<tr>
<td>49.4% - 51.5%</td>
<td>Intermediate Brown</td>
</tr>
<tr>
<td>51.6% - 64.3%</td>
<td>Dark Brown</td>
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</table>

Current smoker

*Percentages are age adjusted. Binge drinking is defined as five or more drinks on one occasion in the past 30 days.

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Binge drinking is defined as five or more drinks on one occasion in the past 30 days.

*Estimate should be interpreted with caution.

Source: NYC Community Health Survey 2007 Bureau of Epidemiology Services, NYC DOHMH

**Binge drinking**

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Current smoker

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<td>20.2% - 27%</td>
<td>Dark Brown</td>
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</tbody>
</table>

*Estimate should be interpreted with caution (binge drinking).

Source: NYC Community Health Survey 2007 Bureau of Epidemiology Services, NYC DOHMH
Asthma ever
- 7.1% - 10.5%
- 10.6% - 12.4%
- 12.5% - 14.9%
- 15% - 20%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Air conditioner in home
- 73.7% - 82.8%
- 82.9% - 88.3%
- 88.4% - 92.2%
- 92.3% - 95.1%

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Neighborhood Income
- Very Low Poverty (<10%)
- Low Poverty (>=10% - <20%)
- Moderate Poverty (>=20% - <30%)
- High Poverty (>=30%)

*Percentages are age adjusted.

Poverty is categorized by the percent of residents in each neighborhood living below the federal poverty level.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
U.S. Census 2000/NYC Department of City Planning
HIV Testing and Condom Use

**HIV testing in the past year**
- 14.1% - 18.8%
- 18.9% - 27.6%
- 27.7% - 34.7%
- 34.8% - 51.7%

*Percentages are age adjusted.

**HIV test recommended by a health provider in the past year**
- 3.3% - 6.9%
- 7% - 10.2%
- 10.3% - 13.4%
- 13.5% - 26.1%

Estimate should be interpreted with caution.
*Percentages are age adjusted.

**HIV testing in the past year**
- 14.1% - 18.8%
- 18.9% - 27.6%
- 27.7% - 34.7%
- 34.8% - 51.7%

**HIV test recommended by a health provider in the past year**
- 3.3% - 6.9%
- 7% - 10.2%
- 10.3% - 13.4%
- 13.5% - 26.1%

Estimate should be interpreted with caution.

*Percentages are age adjusted.

**Condom use at last sex (opposite-sex partners)**
- 12.6% - 25.8%
- 25.9% - 32%
- 32.1% - 34.9%
- 35% - 49.5%

Estimate should be interpreted with caution.

Results restricted to adults with at least one opposite-sex sex partner in the past year.

*Percentages are age adjusted.

Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
Race / Ethnicity and Poverty

Non-Hispanic Black
- 0.8% - 3.9%
- 4% - 11.4%
- 11.5% - 36.9%
- 37% - 79.6%

Hispanic
- 6.1% - 10.4%
- 10.5% - 19.5%
- 19.6% - 39.4%
- 39.5% - 72.7%

Non-Hispanic Asian
- 0.5% - 2.8%
- 2.9% - 6.3%
- 6.4% - 15%
- 15.1% - 35.1%

Neighborhood Poverty
- Very Low Poverty (<10%)
- Low Poverty (>=10% - <20%)
- Moderate Poverty(>=20% - <30%)
- High Poverty(>=30%)

Poverty is categorized by the percent of residents in each neighborhood living below the federal poverty level.

Source:
U.S. Census 2000/NYC Department of City Planning
Technically the New York City jail at Rikers Island is part of the Bronx, although it has a Queens ZIP code (11370). Therefore, for rates and numbers presented by borough, Rikers cases are included with other Bronx cases. For the rates and numbers presented by ZIP code and UHF neighborhood, Rikers is included in ZIP code 11370 and in the UHF neighborhood of West Queens.
<table>
<thead>
<tr>
<th>UHF Code</th>
<th>UHF Neighborhood Name (34)</th>
<th>ZIP Code</th>
<th>Borough</th>
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<tbody>
<tr>
<td>101</td>
<td>Kingsbridge - Riverdale</td>
<td>10463, 10471</td>
<td>Bronx</td>
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<tr>
<td>102</td>
<td>Northeast Bronx</td>
<td>10466, 10469, 10470, 10475</td>
<td>Bronx</td>
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<td>103</td>
<td>Fordham - Bronx Park</td>
<td>10458, 10467, 10468</td>
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<td>Pelham - Throgs Neck</td>
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<td>105/106/107</td>
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<td>10451, 10452, 10453, 10454, 10455, 10456, 10457, 10459, 10460, 10474</td>
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<td>201</td>
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<td>Downtown - Heights - Slope</td>
<td>11205, 11201, 11231, 11217, 11215</td>
<td>Brooklyn</td>
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* Special Case ZIP Codes include 10000 (Central Park), and 11096 (Inwood).